



**Blueprint for the Big Society?**

*"Never doubt that a small group of committed citizens can change the world. Indeed it is the only thing that ever has."*

*(Margaret Mead)*

It is now more than 26 years since a small group of people sat down together in a local village and began the discussions which led to the foundation of Katharine House. Six years later, and 20 years after that, the organisation now exists, caring for more than 700 people each year; employing 100 people, benefiting from the voluntary services of 400 others, inter-relating with various government and non-government organisations and being generously supported by many thousands of people in the local community. All of this with one focus, the care of those who turn to the organisation for help towards the end-of-life.

Margaret Mead was surely right. This story has been played out in 160 locations across the country, because that is the number of voluntary hospices

which exists today, founded on the ideas of Dame Cicely Saunders, who created the first modern hospice, St. Christopher's in south London, in 1967.

For 16 of the last 25 years, I have been privileged, not only to be associated with the development of Katharine House, but also to have been an elected member of a number of national hospice bodies and being Chairman of one of them, The National Forum of Chairmen of Independent Hospices for three years from 2001 to 2004. During that time, I became familiar with many other hospices and got to know many of the people associated with them, and I formed the very strong opinion that the modern hospice movement is one of the most powerful forces for good to have developed in our society over the last half century. These are compassionate organisations whose focus is entirely unselfish. A blueprint perhaps for the "big society".

*Following the recent announcement of an award in the Queen's Birthday Honours List, I have been overwhelmed by the kindness of so many people, expressing generous thoughts, which I had no idea were theirs. It has been a very moving experience. I want to say that an award of this nature belongs rightly to everyone who has been associated with the establishment and development of the hospice, and I do really feel that it should be widely shared.*

**Neil Gadsby, Chairman**

**"COME INTO THE GARDEN"**  
A light hearted evening of words and music  
with the highly acclaimed  
**North Cotswold Chamber Choir**  
And a cast of professional actors including  
**Lynn Farleigh & John Woodvine**  
**Tickets £12 each**  
**8pm, Sat 22nd October**  
Tudor Hall School,  
Wykham Park, Banbury  
*Book early to avoid disappointment on*  
**01295 812161**

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Midnight Elves (L-R) Claire Moore, Yvonne Powell and Sarah Groom. For more Midnight Walk news see page 6.



Why is Nurse Mel driving a tractor? Turn to page 5 to find out!

## The Business Report



As 2011 is the 20th anniversary of the opening of Katharine House, I thought some of you might be interested in the financial history of the hospice and its place alongside other such organisations in the provision of palliative care.

In the UK, the majority of the care given to people at the end of their life is not delivered by the NHS but by independent charitable hospices such as

Katharine House. There are over 200 adult hospices in the UK, almost three quarters of which are independent and, on average, they receive only one third of the cost of providing their services from the Government through their local Primary Care Trusts; the rest they have to raise from voluntary sources, mostly in their local community.

Providing such care is expensive and the total cost of hospice care in the UK exceeds £500m per annum, with an average annual cost to each hospice of over £2.7million, a figure that would be even higher if it were not for the substantial contribution of volunteers, the financial value of which has been estimated to be well over £110m each year. Last year the cost of providing services offered by Katharine House was almost £2.3m, ten times the costs in the year the hospice opened in 1991, and because it is a fundamental principle of hospice care that no charge is made to any patient or their family this sum has to be raised by other means.

As you will read in Alan's article (see facing page) the Hospice Trust was set up in 1985 with the intention of building a hospice and providing specialist palliative care for the people of North Oxfordshire, a community of around 140,000 people. In the six years between the founding of the KHH Trust and the opening of the hospice, a huge amount of work was done, not least of which was concerned with raising sufficient capital to build the hospice itself and to accumulate sufficient reserves to run the organisation for twelve months; an amount the Trustees estimated to be about £2million.

Neil describes a great deal of the early fundraising activities in his book "An Unfinished Journey" and the financial records of the hospice show that by March 1986, after only 18

months fundraising, a total of £56,837 had been raised towards this ambitious figure. The following year a further £81,342 was added and so the journey progressed. Incredibly, by 1989, a million pounds had been accumulated and the Trustees felt confident enough to go out to tender for the building of the hospice. In September of that year the first turf was cut and the hospice opened its doors to patients just 18 months later in March 1991.

The Annual report for the year ended March 1992 states "The Council (what we now call the Board of Trustees) was pleased to see that the overall level of income has been maintained despite the current economic climate." Plus ça change! What was a challenge then remains so today but somehow (almost) each year enough money has been raised to fund the hospice care. There has been one (and only one) year in the history of Katharine House when there was a shortfall, but the reserves built up in the preceding years allowed that to be met without affecting the services.

Ten years after opening, the hospice's services were fully established and comprised those offered today: inpatient care, day hospice, care given in the patient's home, support for end of life patients admitted to local hospitals, and bereavement care for relatives. Patient numbers have increased year on year and since the hospice opened over 7,000 people have been supported by Katharine House. Last year over 700 patients were referred to us and at any one time we care for over 250 people.

For the last few years statutory funds have met about 40% of the costs of providing our services, leaving almost £1,400,000 to be raised each year from voluntary income. This is done through our six shops; our weekly lottery; house-to-house, supermarket and town collection days and collection boxes in supporters' premises; and of course, the many, many events run by ourselves and our supporters. In addition to all these activities, we receive substantial donations through gifts and legacies.

**Such generosity is a testament to the work that has been done by the staff at Katharine House over the last twenty years and consequently the esteem in which it is held by the local community. Your on-going support is both much needed and very much appreciated.**

**Elizabeth Wheeldon, Business Director**

## Space for Living Building Project and 20th Anniversary Raffle

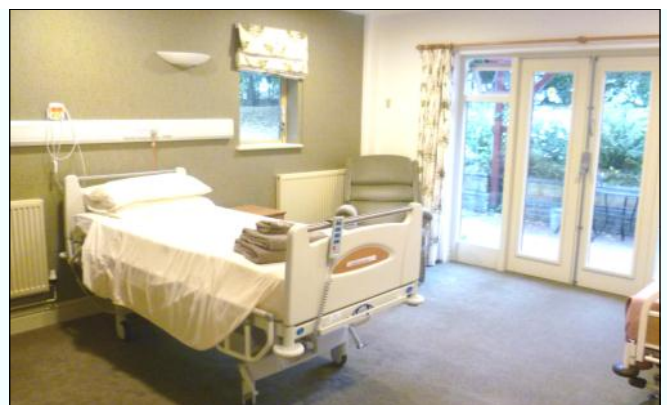
We commenced work on our 'Space for Living' project last September, having been fortunate to receive a grant of **£395,000** from the Department of Health.

The building consists of two new spacious family bedrooms complete with modern en-suites. Both rooms have fantastic windows from floor to ceiling, enabling patients and families to benefit from being able to see the beautiful surroundings of the hospice gardens.

The two existing family rooms and bathrooms have been fully renovated. The bathrooms have specialised baths with hoisting equipment to lift patients in and out. Previously we had two small single bedrooms which have now been converted to provide a much needed counselling room and other patient/relative facilities.

To furnish the new patient rooms, we asked you to buy a book of raffle tickets and you did not disappoint! Once again, you supported it in your thousands! We were thrilled to sell **26,295 tickets** and accompanying your counterfoils and payments were many donations ranging from £1 to £1,000 totalling **£4,187!**

After deduction of costs (prizes of £1,600 and ticket printing), you raised **£27,388** towards curtains, carpets, special beds and other equipment.



One of the updated family rooms (above) and far right on page 3 is an outside view of one of the new rooms showing the floor to ceiling windows with views over the gardens.

We are thrilled with the result and we hope you are too!

*The raffle was drawn on Friday 5th August and we send our congratulations to the winners. The first prize of **£1,000** went to a supporter in Bloxham, the second prize of **£500** to a supporter in Milton Keynes and third prize of **£100** to a supporter in Banbury.*

## 20 Years of Katharine House



### Alan Overton shares his experience of Trusteeship over 25 years.....

With this year being the 20<sup>th</sup> anniversary of the opening of the hospice, my mind is taken back 25 years to the summer of 1984 when my wife, Kath, and myself were asked to a meeting by a group of friends at Sibford Ferris to discuss the possibility of building a local hospice.

*This was the very beginning of a long project!*

A short time later Katharine House Hospice Trust was founded with Kath and me as two of the ten trustees. Shortly after, I took over responsibility for dealing with the finances. This involved keeping the accounts and banking donations. My first job was to open a bank account and set up the financial accounts which I did with the voluntary help of a kind young lady called Alice who worked for a local firm of accountants. The accounts at that time consisted of a large ledger book in which all the income and expenditure transactions were entered manually.

**Almost immediately and without any publicity whatsoever, people began arriving at my front door with bags full of money to donate to the hospice fund that they had only heard about via the grapevine.** An almost daily trip to the bank with a bag of money, carefully counted on my kitchen table and recorded in the accounts ledger, became a feature of my life.

Eventually, an office was established in Banbury town centre at Crest Hotels that was very efficiently managed by our first employee, Margaret. She took over the receiving of donations, the proceeds of fundraising and all the banking. I was left with signing receipts and cheques and the general overseeing of the finances that now included PAYE.

As the income increased, manual bookkeeping became too laborious and so an Amstrad computer was obtained and I set up computerised accounts that proved so much more efficient. This system continued until the move into the hospice building in February 1991.

Another part of being a trustee is attending trustees' meetings that were, in the early days, weekly events. As the Trust became more established, they were gradually reduced to the now bi-monthly timetable.

Together with John Henshaw, I edited the first few editions of this newsletter that started in June 1985 (see below). They were one page issues in monochrome in those days unlike the highly professional ones of today.



Now, together with my general trustee responsibilities, I am chairman of the Hospice Audit & Investments Sub-Committee that is involved with the yearly audited accounts and making certain that Trust investments are producing the best returns, whilst at the same time, are as secure as possible.

I feel both honoured and privileged to have been involved with Katharine House over the last 25 years that, thanks to the hard work and dedication of its staff and hundreds of volunteers, is very much an important part of our community.



Cutting the first turf 1989



Katharine House as it is today



Building work underway 1990



New Day hospice lounge (from outside) 2011



Simon Weatherby Gardens taking shape 1991



Established gardens 2010



Official opening by Diana, Princess of Wales Oct 1991



New family rooms on the In-patient unit 2011



## Corporate Connections



Thank you to all the local businesses who have supported the hospice in recent months by sponsoring Christmas cards, providing gifts in kind, organising fundraising activities or encouraging staff to give their time as volunteers. The hospice would not be able to continue its vital work without your support.

Whether you are a multinational or a small independent business, we believe that a partnership with the hospice can bring benefits to both sides. By supporting Katharine House you will be supporting a cause valued by customers, employees, suppliers and other stakeholders.

If your business would like to get involved, **please contact Sheila on 01295 812161 or email [sheila.norton@khh.org.uk](mailto:sheila.norton@khh.org.uk)**

### Business Networking at Katharine House:

A second **Networking Evening** will be held at the hospice on

**Thursday, 27 October 2011  
6pm to 7.30 pm.**

**Date for  
your diary!**

Do take this opportunity to see our facilities at first-hand, find out more about the background and work of the hospice and, at the same time, network with other like-minded supporters. Complimentary drinks and canapés will be served.

**For further information or to book a place, please email [sheila.norton@khh.org.uk](mailto:sheila.norton@khh.org.uk) or call 01295 812161.**

**Information and updates will also be on our website [www.khh.org.uk](http://www.khh.org.uk).**



Each year we provide snacks for all our Midnight Walkers and 150 volunteers who help on the night.

This year we owe a huge thank you to John White, our Charity Champion at **Kraft Foods**, who negotiated for us to receive **906 chocolate bars free of charge** plus coffee and

hot chocolate for all. All costs saved in this way mean we can direct more funds into nursing care.

A big thank you too to the **Research, Development and Quality Department** at Kraft who sent a donation of **£900** following their End of Year Celebration Dinner, to all who took part in the annual Kraft Cup raising **£220** for KHH and to the Kraft Coffee Tasters who knitted and sold Easter chicks raising **£255**.



Thank you to staff at **British Bakels Ltd** in Bicester who have chosen to support KHH as their **Charity of the Year**. They have generously donated hundreds of cakes, hot cross buns and muffins for various hospice fundraising events and also held their own 'dress down' days raising **£84.62** to date.

KHH is also the Charity of the Year for **Integration Technology Ltd**. The 45 staff who are based at Upper Heyford have so far raised **£224** at the time of going to print.

**INTEGRATION  
TECHNOLOGY**

We were thrilled to learn that Katharine House was to receive a donation of **£20,000** from **The Champion Group**.



As part of their 30<sup>th</sup> Anniversary celebrations, the recruitment company which has offices in Banbury, Oxford, Witney and Abingdon, wished to give something back to the local community and KHH was included in the charities to benefit.

Bernadette Ross, Director of Nursing, received the cheque from Tracey Hoodless, founder of Champion Recruitment, at a Gala Dinner at Lady Margaret Hall, Oxford.



**Vodafone UK  
Foundation**

### A Fond Farewell to Vodafone, Adderbury

Our thanks to the staff at **Vodafone** who have shown wonderful support for the hospice since acquiring their Adderbury site in 1996. During the past 15 years the company has sponsored our newsletter on six occasions, contributing **£21,583** in total, and staff have organised numerous events including 'dress down' days, cake and plant sales, Halloween fundraiser etc, finishing with an auction of new mobile phones just prior to closure of the site at the end of June.

The **Vodafone UK Foundation** has generously matched much of the fundraising carried out by employees and staff have also given their time to help with KHH fundraising events. We are immeasurably grateful to all at Vodafone and wish to record special thanks to Donna Bethell, Mel Evetts and Sian Noble who have done so much to help raise funds for our work at Katharine House. We will miss you!



On 22 May **Ouse & Cherwell Trading Company Ltd** of Brackley held their 5<sup>th</sup> Charity Clay

Shoot at Montague Farm, Hethe.

With **£3,000** in matched funding from **Barclays**, a record **£12,300** was raised which was shared between Katharine House and Warwickshire & Northamptonshire Air Ambulance.

Our grateful thanks to John Elkington, Managing Director, and to all who took part on the day.



Sheila Norton (right) with David Hebbon and Andrew Nicholls (L-R rear)

A big thank you to staff and customers at **John Nicholls**, the Banbury based building and plumbing merchants. The company celebrated its 45<sup>th</sup> anniversary by taking 300 of its leading customers on a Mediterranean cruise.

A fantastic sum of **£3,000** was raised from raffles and this was shared equally between Katharine House, Helen & Douglas House and Myton Hospice.

Our grateful thanks to **Mark Williams** and **Elaine Rayfield** at **Agilent Technologies UK Ltd**

in Yarnton and to **Carol Betts** at **Lloyds TSB Commercial Finance** who nominated Katharine House to receive donations of **£500** and **£250** respectively.

## Spotlight on our Staff

### Josh Nadin, Assistant Cook and Christian Gillet, Catering Assistant



20 year old Josh and Christian (21) work in the kitchens at Katharine House.

*"We both started work at the Hospice in October 2007 as weekend catering assistants but as we worked alternate weekends we didn't meet for over a year but are now good friends."*

**JOSH:** "When I left school in June 2009 I had no idea what I wanted to do. I was very lucky because I worked occasionally in the hospice garden and on the furniture van and when a job for assistant cook came up I applied. I surprised everyone, even myself, with my cooking test (I had to make a gluten-free sponge cake and a white sauce) and I got the job!

I have just finished a year's training and am now an Assistant Cook. I help prepare, cook and serve meals for patients, relatives and staff. I really enjoy working in the kitchen as every day is different, the catering team are great to work with and I feel I am helping to make things a bit easier for patients and relatives at a difficult time.

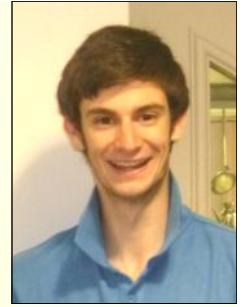
One very memorable moment for me was the first weekend I worked on my own as a trainee, I had to cook for 20 people - it was a bit nerve racking.

In my spare time I play cricket for Middleton Cheney and enjoy playing golf. I also like to volunteer at events when I can and have helped at all five Midnight Walks.



**If you had a hug from the bear this year it was me!"**

**CHRISTIAN:** I work as a Catering Assistant and, although contracted to work every other weekend, I do extra hours to cover holidays and also help out on the furniture van. I was in the sixth form when I started and have since studied at the Academy of Contemporary Music in Guildford specialising in guitar. My main interest is my music, playing regular gigs with my band, The Scholars (pictured below) and working part time at the Hospice allows me time to concentrate on this.



I start work at 10am and usually come with CDs for us to listen to. I collect used crockery from the ward, wash-up, clean the kitchen floor and make sure that stocks of tea, coffee etc. are topped up for patients and relatives.

The atmosphere in the kitchen makes it an enjoyable place to work and the best bit is the egg mayonnaise baguette for lunch and if I'm very lucky a piece of lemon meringue pie and a lift home from Josh!

A particular memory was when I was working in the kitchen at the open garden in June and someone had brought a dog that walked past the window. It was a Leonberger and was as big as me, more like a bear than a dog!

Editors note: They enjoy working together and say that when Christian is a famous rock star Josh is going to be his personal chef!

**Also if you see a couple of elves at the Santa Fun Run this year, guess who?**

### £5,280 'ploughed' into nursing care!

Our grateful thanks, once again, to long time supporter, Derek Blunn of Swalcliffe for organising another of his wonderful ploughing matches. This year's event was held on Sunday 27 March at **Page's Farm, Sibford Heath**.

We received a donation of **£3,735** from entries and Derek also persuaded a team from Katharine House to enter! They raised **£1,544** between them and team member Mary Walding (CNS) said:

*"I was very apprehensive at first about what we were letting ourselves in for, but we had a fantastic day and thoroughly enjoyed it. Mel and I even came third in our class and won a rosette!"*

Our thanks also to Derek's friends who helped out with the organisation of the match and to all who took part. A magnificent sum raised.



Pictured with Derek Blunn cutting his birthday cake (L-R): Steph Holton, Staff Nurse; Elizabeth Wheeldon, Business Director; Chrissie MacDonald, Senior Nurse (In-patients); Mary Walding, Clinical Nurse Specialist (CNS); Derek Blunn, Dr Katy Burke, Specialist Registrar; and Melanie Howes, CNS.

### All change in Admin!

Sarah Edwards (pictured left) joined the Admin Team in June, as Administration Secretary, following Barbara Warren's retirement.

Sarah has a wealth of experience in admin and secretarial work, having previously worked for Cherwell District Council and Charter Housing Association. Sarah said:

*"I am thrilled to have joined the team at Katharine House. I have a lot to learn but am enjoying a new challenge, whilst meeting lots of new people. I already*

*feel very much part of the team and that I have an important contribution to make to the day to day operation of the Hospice."*

Sarah is a local, born and bred, who can often be found walking her dog Bertie in the lovely Oxfordshire countryside, as well as Cornwall and the Lake District.

We would like to wish Barbara (pictured right) a much deserved happy retirement, following eight years loyal service to Katharine House.



# 5th Midnight Walk



**£82,000** was pledged for nursing care at our **Midnight Walk** held on **9th July** at **The Willows, Bodicote**, (home of Banbury Cricket Club). **Thank you!!**

682 walkers signed up this year to walk the new route - 10.5 miles around the streets of Banbury all in lime green t-shirts!

As in previous years the atmosphere was wonderful with many walkers in fancy dress. After an aerobic warm up led by Karen Dixon and her team the walkers set off to the Proclaimers' tune of **"I would walk 500 miles"**



Stilt walker John Godbolt entertained the crowds before the start and also popped up en route to encourage the walkers.



**Doolallybird**, aka Mandy Rae and her daughter were also there at the start to greet walkers with their wonderful costumes: **Columbine** (left) and **Harlequin** (right)



The band had already played one gig that night but were happy to come along at 1am in the morning to surprise and cheer on our walkers!

A special treat for walkers was Dickie White and his Jazz Allstars (above) who played outside Kraft Foods on Ruscote Avenue.

*"We were made so welcome and each and every marshal along the route greeted us and cheered us on. We particularly enjoyed the Jazz band ... which gave a new spring to our step! We can't wait for the midnight walk 2012." DD*

New this year was the opportunity to light a candle in memory of loved ones at Marlborough Road Methodist Church.

Our thanks to Rev Rob Anning and his team for all their help on the night.



*"... I thought lighting a candle was a very moving and wonderful touch." AB*

**Our special thanks to Raynet, Harry Rhodes, Radio Horton and the 150 volunteers who gave up their night - without you we couldn't hold this event.**



Richard Greaves, hospice Deputy Chairman, was proud to stay up until **5am** to hand out medals to all our wonderful walkers.

And finally a word from supporter David Neal aka Wee Willie Winkie, summing up the night!

*"Different start point, different route, different distance, different stilt walker. Same wonderful organisation, same fantastic comradeship, same wonderful bacon baps, **same aching joints!**"*



## Day Hospice News



### Pat Smith - Senior Nurse, Day Hospice

Soon after my arrival on the nurse bank at Katharine House over 15 years ago I was asked to work in the Day Hospice, covering a spell of sick leave. I think I was there for about 3 months. Little did I know that I would return to manage the Day Hospice some 12 years later.

What a different environment we now have with a beautiful, light and airy lounge, offering a choice of

chairs. In the past we worked hard to carefully negotiate who would sit where, trying to avoid clashes over 'my seat' scenarios developing.

Diversional and complementary therapies have always been an important feature of the service but now we are able to offer art every day and once a week music therapy too.

The volunteers who provide artistic opportunities are from differing backgrounds but marvellous at developing hitherto undiscovered talent in the most reluctant of patients. They are born encouragers and truly rose to the occasion when we held our first art exhibition in March this year.

They mounted the exhibits and hung them in a very tight time frame, so that we could hold a 'private viewing' for patients and their guests. Two hours after the patients had left day hospice the room was full and buzzing with excitement at the 'private viewing' when patients and their guests returned.

Music therapy has been a wonderful addition to the



service, thanks to the work of ARne Richards and a charitable grant which has funded the opportunity. ARne works with groups of patients or on a one to one basis and they have developed beautiful and moving pieces incorporating words and music they have jointly produced. We hope that this will continue beyond the initial grant.

Something new this year has been horticultural therapy which we have been able to offer through a grant from Oxfordshire LINK. We also received a donation from Wilkinsons as well as spring bulbs, and containers.



We are now harvesting the vegetables sown in tubs and pots earlier this year and several of the patients have been inspired to grow various things at home. Jen Cawood, the therapist, has helped people to find more manageable ways to garden within the limits of their illness. We hope that through another grant we may be able to offer this again and look to add some troughs so patients can sit to enjoy gardening outside.

**On the complementary therapy front, there is a significant demand and identified benefit but we are not able to meet that demand. Any volunteer therapist able to provide a morning or afternoon on a regular basis would be warmly welcomed!**

The volunteers we have provide a terrific service but we always seem to have a shortfall. Of course in the current economic climate it is much harder for practitioners to offer their time on a voluntary basis. Alongside all this 'therapeutic' activity we are also offering a supportive, social opportunity. Patients develop strongly supportive relationships with one another and the volunteers and drivers provide tremendous social support which allows the whole package of care and support to run smoothly.

*Our grateful thanks to all the local businesses and organisations for sponsoring the Midnight Walk ensuring that we can raise even more to fund nursing care*



#### Local Butchers:

- Betts Family Butchers**, Banbury
- C J Harpers**, Banbury
- David Mumford & Sons**, Culworth
- Taste Buds Fine Foods**, Adderbury,
- Tysoe Butchers**
- GB Wrighton & Sons**, Fritwell
- Wykham Park Farm Shop**, Bodicote

**NEIL GADSBY, MBE** Staff and volunteers are absolutely delighted with the wonderful news that Neil has been awarded an MBE in the Queen's Birthday Honours.

*"...we are all delighted for him, it is certainly a long overdue recognition of his services over the years. It is total dedication and he has done so much for the community."*

Richard Greaves, hospice Deputy Chairman

*"He has literally dedicated his life over the past 25 years to the creation and development of the hospice and has done so with humility, depth, understanding, balance, care, trust and humour; all of which make him widely respected and loved by the staff of Katharine House."* Bernadette Ross, Director of Nursing, who has been at the hospice since 1991

*"This award is long overdue"* Tony Baldry, MP

*"Splendid recognition of hard work and commitment"* Councillor Patrick Greene, Chairman Oxfordshire County Council

*"Many years of service to the hospice movement deserves to be recognised in this way."* Margaret Geoghegan, MBE, Chair, Springhill Hospice Rochdale

*"Great for Katharine House, Great for all hospices"* David Praill, CEO Help the Hospices

*"Richly deserved for many years of service not only to Katharine House but to the hospice movement as a whole."* Sarah Whitfield, CEO Dorothy House Hospice, Bradford on Avon

*"His sacrifice and efforts are legendary in Oxfordshire."* Tom Hill, CEO Helen & Douglas House, Oxford



A party was held at the hospice in July to congratulate Neil on his award. Pictured with Neil are (L-R) Mary Walding and Anne Franklin, Clinical Nurse Specialists

## Fundraising Report



Time marches on apace, and as I compile this report, it is difficult to believe that we are now well into August, busy preparing for our autumn and Christmas activities!

We cannot thank you enough for your amazing devotion, yet again, over the past six months. These pages are packed with news of your support for the many events held around the

catchment. We have some real highlights including our fifth Midnight Walk (see page 6) where walkers' sponsorship pledges totalled £82,000, not to mention 150 keen helpers happy to work through the night to ensure the event went smoothly *and* generous donations from many business supporters - those delicious bacon baps are very welcome at 5am!

Another highlight was our series of concerts which were hugely popular and there are more planned for the autumn.

A first for us was a 'Regular Giving' campaign and we are thrilled that 102 supporters generously signed up, donating no less than £13,500 *every year* by standing order.

Another success was the acquisition of a booth to promote our weekly lottery. We're so grateful to Morrisons and Sainsbury's for letting us bring it to their stores - Wendy was thrilled to return to the office with paperwork signing up 45 new supporters! If you work in a business in town which may permit us to bring the booth, please contact Wendy on 01295 812161 - she looks forward to hearing from you!

Our thanks also to those who opened their lovely gardens raising over £4,245 and a special mention for the gardeners at Broughton Grange, near Banbury, who welcomed us to a special day there in July. Despite minimal paid advertising,

477 people came to see the spectacular and unique gardens raising £3,500 in one day! This was thanks, in part, to Head Gardener Andrew Woodall and his capable assistants who worked tirelessly throughout the day, ably assisted by our volunteers who willingly served delicious teas in the hot sunshine. Special thanks to British Bakels of Bicester who donated free of charge over 300 delicious assorted cakes and Greggs of Banbury for their donations too - our catering receipts on that day totalled more than £700!

There are so many highlights too numerous to mention but we thank you most sincerely for your support. The only downside to our fundraising efforts has been a government reduction in Gift Aid from 28p to 25p in the £1 and we also lost our much valued local Council grants for the Midnight Walk, due to cuts from central government.

We do hope you will be able to support our forthcoming campaigns together with the many coffee mornings and other events organised by supporters. Finally, we hope many of you can support our second Santa Fun Run which last year really did live up to its name, a lot of fun for 460 people! We look forward to seeing you there.

I am so proud of the hospice Fundraising Team for their amazing dedication and hard work - Sheila Norton, Sarah Brennan, Wendy Crosse and Valerie Carter, ably assisted by our wonderful volunteers, now eight in number, who work here each week and who have collectively given 58 years service, unpaid, to Katharine House.

Without your donations, we would never achieve our ambitious targets, enabling our nursing and medical teams to continue their unique work without fear of financial cuts to compromise our much valued service. Can you think of a finer example of the Big Society in this area?

Thank you.

**Sue Lane, Fundraising Manager**

### Future Fundraising Events for your Diary:

We try hard to minimise paid advertising so if an event appeals to you, please put the date in your diary!

#### Coffee Morning Saturday, 24th Sept

Middleton Cheney  
Village Hall

**10 am - 1 pm**

Christmas Cards and many other items for sale.

*Please support this event, held in memory of Wally Jefferies who was cared for at KHH*

#### Joan Bodily Coffee Morning

The Memorial Hall,  
Woodford Halse

10am - 12 noon,  
Saturday 22 October

Entry **£1** to include coffee and biscuits



#### 'Christmas Joy' Banbury Floral Art Group

**Thurs 3rd Nov  
7.30pm**

Blessed George Napier School  
Banbury

National Demonstrations Hospice stall, raffle of floral exhibits

**£8 admission**  
Ample parking



#### A Musical Evening



**Saturday 26 November  
Chasewell**

**Community Centre**  
Bodicote Chase, Banbury

Our thanks to music teacher Kay Rees for another concert featuring her talented pupils.

**Tickets £3 (01295) 265428**

#### Barn Farm Plants Christmas Charity Evening

**Upper Wardington OX17 1SN**

6.30 - 8.30pm

**Wed 30 November**

Gifts and freshly made wreaths and decorations, mulled wine and mince pies, Hospice stall

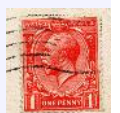
**Entry £2 (under 16 free)**

All welcome

#### Used Stamps have their uses!

Many supporters clip and send used stamps that we can sell on to dealers, raising funds for nursing care. *Of particular interest are franked and foreign stamps and commemorative collections.*

Over the years these stamps have raised **£1,227**. Thank you to all who contribute and please keep clipping!



#### Ron Woods, Deddington

Ron Woods, who was a well known face and valued work colleague at Katharine House over many years, left in June this year. We are sorry

to see him leave and wish him all the best for the future. Ron said:

*"Hello to all the many people I have had the pleasure to meet over the last 17 years. To all of you who have done all manner of things to raise funds for KHH, may I say a huge thank you.*

*It is with great sadness that I leave Katharine House and I will miss you all. I have shared laughs and tears with you and I hope I gave you all a very cheerful smile."*

The talented musicians from **The Carrot Club**, who meet on the first Wednesday of each month at The Reindeer Inn, Banbury, have produced a single to raise more money for the hospice.

The single, called **"Bet you're Ready"** written by regular club member, Ben Ramsay, features 20 local singers and musicians and was recorded in Banbury by Tom Imison and is available for download on iTunes. A video to accompany the single, made by FreshFX, is to be screened on YouTube.

*Over the past five years, The Carrot Club has raised over **£5,000** for Katharine House.*



## Calendar of Events

2011	Event:	Location:	Organised by
Sat 17 Sept	Oxford Concert Party Concert	Broughton Castle, nr Banbury	KHH F/R Dept
Sat 24 Sept	Coffee Morning in memory of Wally Jefferies	Middleton Cheney Village Hall,	Val Jefferies
Sat 8th Oct	Akeman Voices Concert - Faure's Requiem	Church of Immaculate Conception, Bicester	Akeman Voices
18—23 Oct	Banbury Camera Club Exhibition	Michael Heseltine Gallery, Chenderit School, Middleton Cheney	Banbury Camera Club
Sat 22 Oct	Joan Bodily Annual Coffee Morning	Woodford Halse Memorial Hall	Joan Bodily
Sat 22 Oct	"Come into the Garden" Concert	Tudor Hall School, Banbury	KHH F/R Dept
Thurs 27 Oct	KHH Business Networking Meeting	Katharine House Hospice	KHH F/R Dept
Thurs 3 Nov	Banbury Floral Art Group - Christmas Joy	Blessed George Napier School, Banbury	Floral Art Group
Tues 15 Nov	Brass in Concert—Brass Band of Central Florida	St Mary's Church, Banbury	KHH F/R Dept
Sat 19 Nov	The Carrdus School Christmas Fair (entry charge to KHH)	Carrdus School, Overthorpe	Carrdus School PTA
Thurs 24 Nov	Lights of Love Service	St Mary's Church, Banbury	KHH
Sat 26 Nov	Kay Rees Musical Concert	Chasewell Community Centre	Kay Rees
Weds 30 Nov	Barn Farm Plants Christmas Charity Evening	Barn Farm Plants, Upper Wardington	Barn Farm Plants
Weds 30 Nov	Lights of Love	St Peters' Church, Brackley	KHH
Sun 4 Dec	2nd Santa Fun Run	Spiceball Park, Banbury	KHH F/R Dept
Thurs 8 Dec	Street Collection and Castle Quay Table Sale	Castle Quay, Banbury	KHH F/R Dept

**Contact Fundraising for further information on 01295 812161, email: [fundraising@khh.org.uk](mailto:fundraising@khh.org.uk) or see our website [www.khh.org.uk](http://www.khh.org.uk)**

Your event can be featured in our column in the 'Around the Cross' section of the Banbury Guardian. We also send information to our 56 village contacts. Our thanks to the Banbury Guardian and our village contacts for their support.

**Once again, our thanks to the young people who help us in so many innovative ways. As we say in each issue, we're sorry we don't have space to mention you all.**

### Young People's Corner



**Overthorpe Cake Sale:** Well done to Bryony Jien and Caitlin Marron for holding a cake sale and raising **£12.45** towards nursing care. *The cakes look delicious!*

#### Versatility Performance Group

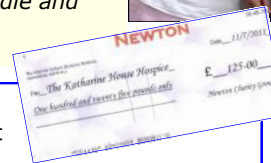
Our thanks to Sandie Dancer who runs this group for the young and young-at-heart. Members aim to improve their talents, put on shows and above all, have fun.

Thank you to everyone for the **£150** donation resulting from a

*Day Hospice Manager, Pat Smith accepts a cheque from Sadie and friends (pictured right).*



Our grateful thanks to the pupils of Newton House at **The Warriner School**, Bloxham who worked hard to raise the wonderful sum of **£125** from baking and selling cakes.



A big thank you to Robyn, Kobi and Archie Hodges of Banbury who have been busy making lots of lovely 'hammer bead' Christmas decorations that they kindly donated to the hospice to sell. Look out for them on sale in Reception!



#### Fundraising Volunteer

**Molly Williams**, (13) of Thenford, said:

"I am working towards my Duke of Edinburgh Bronze Award and I helped in the Fundraising Department during the Christmas Holidays. My main goal was to help raise funds in any way.

Amongst the tasks I was given I designed a poster, created an advert to go in the local newspaper, sorted out greetings cards and stamps for sale and helped analyse Santa Fun Run information. I really enjoyed my experience working in the hospice and everyone who helped me was very kind. I am very grateful for being allowed the chance to work at KHH, enabling me to complete my Bronze Award."



11-year olds Meridian Thompson and Sophia Robinson, of Bicester, sold 'Deeley Boppers' at our Midnight Walk in July. (See report page 6).

## Community Fundraising



Our thanks to Nick Handley and his fellow cyclists who undertook a **127 mile cycle ride** between Adderbury and Poole on 16th and 17th July. Around **£2,000** was raised to be shared between KHH and Adderbury Cubs.



### Rotary Club of Banbury Gala Music Concert

The Club chose to celebrate its 21st Anniversary by organising a fantastic **Banbury Young Musician of the Year Concert** at Sibford School in June.

Artists included Sam Rees, Marcel Zidani, Bethany Porter, Atar Shafighian, Lucy Downer, Daniel Strivens, Umito Choji and Lucy Curtis.

The evening, organised by Gareth Jeremy, was a great success and the wonderful sum of **£2,000** was raised towards nursing care.



### The White Lion, Steeple Aston

Our grateful thanks to Tony Cross and David Currill and all the generous regulars at The White Lion. They have been extremely committed to their fundraising for KHH over many years, raising over **£13,000** since 2002. Well done to everyone concerned.

### Banbury Charity Cup Association

Renewed thanks to all who took part in this annual event, raising **£1000** for nursing care.

### Banbury Chestnuts Bowls Club

Thank you to the members who have raised nearly **£250** through their President's Day

### Easter Chicks News

Over **£4,200** was raised this year from sales of over **2,400** knitted Easter Chicks. Huge thanks to all our knitters - a wonderful effort again this year!

Pictured right is **Connie Squires** with the **100** chicks she knitted for us to sell.

**Kraft Coffee Tasters:** Krafty Knitters Alison Wolfe and her team knitted and sold **170** chicks, raising **£255**. Our thanks to the staff at Kraft and patrons at the Red Lion in Cropredy for making the sale such a success. Our thanks also to Cadbury for once again providing a matched donation.

A special mention for **Carol Cronin** of Banbury who raised **£490** and knitted **228** chicks. Carol also raised **£460** knitting and selling **298** knitted Christmas stockings. Thank you so much Carol, that is a marvellous effort.

.....and to the staff and patients at **Horsefair Surgery** who knitted Easter bunnies and raised **£526** towards nursing care.



Connie Squires, 88 years young, with her chicks!



L-R: Chris Peters, Sheila Norton, Greg Crompton, Andrew Ridley

**Well, Fancy That!** Chris Peters and colleagues from **BAM Nuttall** (a construction company based in the north-west) popped into Morrisons whilst working on upgrading the railway in Banbury. They had been thinking about organising a charity event and after spotting our volunteers who were collecting outside and Wendy Crosse in the lottery booth, they decided to support us! They chose to do a bike ride between Liverpool and Chester and we were delighted when they called in to the hospice to present a generous cheque for **£1,300**, which included **£525** from the company and one of its suppliers.



### Adderbury Charity Golf Day

The **7th Annual Charity Golf day** took place on 1 July and we are delighted to announce that to date they have raised over **£10,000** for the hospice

Our thanks to **Mr John Marshall** of Bloxham who continues to knit a variety of wonderful gifts to raise funds for nursing care.

Pictured here is **Snow Mouse** surrounded by Xmas stockings!

### THE BELL INN, ADDERBURY

Trisha and John Bellinger held a farewell party on 9 April after running **The Bell Inn, Adderbury** for nearly six years. During that time the Bellingers and their customers have raised almost **£17,000** for KHH through weekly fundraising activities and three major challenges - The Great Hooky Bike Ride in 2006, The Punting Challenge in 2008 and The 24 Hour Quiz in 2010. Our thanks and best wishes to John and Trisha and regulars at The Bell for this fantastic achievement.



## Shops Report



As always I would like to start by saying thank you to all the volunteers and staff for their hard work in the shops.

We have been lucky that donation levels have been pretty constant in the first half of this year which has helped us continue to produce healthy sales figures. At the time of writing, we are 5% up on this time last year and with all the caution on the high street that's an encouraging start. Please continue to help us out with good quality donations so we can keep these figures up and hopefully surpass last year's turnover which was our strongest year to date.

Please have a look at our Christmas catalogue. We have a cracking selection of cards and a calendar of images from the Kathartic art exhibition and auction, held in April 2010. Also this year we've managed to get all the cards and calendar sponsored, so a big thank you to all the sponsors.

Also a big thank you to **Chilli & Pepper**, Bangladeshi and Indian Cuisine in Brackley, who provided new laminate flooring for our Brackley shop and to **Marcus Carberry** of Select Flooring who did the fitting. Thanks also to **Bourton Drain Services** who have joined **Cleenol, K'a'rcher** and **Banbury Round Table** in sponsoring the furniture van.

Back in July, in partnership with North Oxfordshire Academy, **Sophie Overton** (pictured above right) joined us on a six week internship. In her final year of A Levels studying ICT,

Business, Psychology and Art; Sophie spent four weeks with me in the shops and two in the Fundraising office.

Sophie took on all the roles in the shops from sorting and pricing to merchandising and customer service and added real value by designing new promotional material for the furniture shop as well as customer notices about donations and gift aid for our shops.

Sophie also designed and carried out a 'mystery shopper' survey and from the results we'll be able to improve the service in future. We thank her for all her hard work and wish her all the best with her exams and whatever she chooses to do in the future.

In the last newsletter I mentioned a number of long serving volunteers and I unfortunately missed a few names so to set the record straight, in addition to that original list, I would like to say thank you to **Helen Lamb, Ann King, Patricia Shaw, Shane Raddenbury** and **Liz Griffin**.

Please continue to help the hospice by donating items for us to sell in any one of our shops in Banbury, Bicester, Brackley, Shipston and Chipping Norton and if you have any furniture to donate please give our furniture shop in Banbury a call on **01295 262973**, thank you.

**Scott Bloomfield, Retail & Trading Manager**



### Marathon Marvels 2011

Once again we congratulate our runners (listed below) and stand in awe of their achievement for the hospice in the **Virgin London Marathon**. In total they raised in excess of **£5,500** which is an amazing sum and we thank sponsors for their generosity and our runners for their dedication and commitment. Each runner had a special reason for choosing to support KHH. Huge thanks and well done to:

<b>Nina Baxter</b>	<b>5 hrs 20 mins</b>
<b>Joanna Bryant</b>	<b>4 hrs 22 mins</b>
<b>Rebecca Dyson</b>	<b>4 hrs 25 mins</b>
<b>Matthew Llewellyn</b>	<b>2 hrs 45 mins</b>
<b>Neil Madden</b>	<b>4 hrs 15 mins</b>
<b>Peter Newell</b>	<b>3 hrs 18 mins</b>

One runner, **Joanna Bryant** (pictured) told us,

*"I got mentioned on **Chris Evans' Radio 2** programme this morning - in the listener's breaking news feature...the fact that I still have to go down stairs backwards a whole two days after the race seemed to amuse him greatly!"*



### Photographic Exhibition

Once again **Banbury Camera Club** will be supporting KHH through their annual exhibition at Chenderit School in Middleton Cheney.

The exhibition is from **18 to 23 October** and will be open during school hours on weekdays and from 11am - 4 pm at the weekend.



### Great South Run success

Our thanks to Tasha Trigger who ran in this event and raised **£259**.

Tasha lost her grandmother last September and wanted to do something to say 'thank you' for all the support the family received from KHH.

### Coffee & Chat raises funds for KHH

Every Tuesday two groups meet in Adderbury to benefit the hospice. Both groups sell KHH Christmas cards, Easter Chicks and merchandise and also promote our events to help raise valuable funds for Katharine House.

**Adderbury Church House Coffee and Chat** meet in Church House from 10am to 12noon and have raised the amazing sum of **£7,919** since 2002.

**Adderbury Methodist Chapel Coffee and Chat** group also meet from 10am to 12noon and have raised a fantastic **£23,000** over the last ten years

Our grateful thanks to all who attend.

This year **Claire Reynolds**, of Bicester, has been working hard to raise funds for KHH.

In April she reached the milestone birthday of **30** and wanted to mark the occasion by setting up **Project 1981** with the aim of raising **£1981!** She tells us....

*"I would like to give the gift of love and support to someone who is faced with terminal cancer, just like my step dad, by donating money to the hospice he goes to - the Katharine House Hospice."*

Claire, her friends and family have been extremely generous and so far her total stands at considerably more than the original target - **£2,626!** Our sincere thanks to all.



Tasha in her KHH T-shirt

## Community Fundraising and Lottery Report



### Festival of Open Gardens 2011

We are delighted with the success of our second Festival of Open Gardens. Fifteen wonderful gardens opened this year from May to the end of July, as well as the Simon Weatherby Gardens at Katharine House.

Our thanks to the owners for all their hard work and dedication getting the gardens ready and for welcoming people into their gardens on the day.

We were lucky with the weather this year. There was only one wet day when the Middleton Cheney gardens opened. Despite the rain each garden looked fantastic and we thank the owners for braving the weather to show visitors around!

We were thrilled to have Broughton Grange open in aid of the hospice and extend our thanks to the owners and staff for this privilege. All together the amazing sum of **£8091** was raised from all the gardens for nursing care at KHH.

A special thank you to Rodney Henn and John Webb for expertly putting up all the promotional signs directing people to the open gardens. We couldn't have managed without you!

**Gardens in Swerford and Bloxham will be opening in 2012. If anyone else is interested in opening their garden for Katharine House in 2012 please telephone Valerie on 01295 812161.**



Akeman Voices

### Faure Requiem

Haydn - Little Organ Mass

**8pm, Sat 8 October**

Catholic Church,  
Bicester

**Tickets £10**

(accompanied under 16s free) from KHH Shop, Market Square, Bicester

Ticket line **01295**

**679175** or from

akemanvoices.org.uk

### Brass in Concert

Current USA Champions

#### Brass Band of Central Florida

7.30pm, Tuesday  
15 November  
St Mary's Church,  
Banbury

**Tickets £12 (£10 concessions)** from **One Man Band and KHH Fundraising**

*Proceeds will be shared with Frank Wise School*

### HOUSE TO HOUSE CAMPAIGN 2011

We ran our second Campaign between 25 June and 8 July, this time using collecting tins rather than envelopes.

**100** supporters volunteered to help and the final profit, including Gift Aid, will be **£5,877**. Thank you to our collectors and everyone who kindly gave at the door.

As this year's total is significantly lower than the **£15,241** raised last year, we will be carefully evaluating the results to decide the frequency of future House to House Campaigns.

*If you have any comments to make about this type of collection, please contact **Sheila on 01295 812161** or email [sheila.norton@khh.org.uk](mailto:sheila.norton@khh.org.uk)*



### Hospice Lottery Update

Our lottery has been running for 11 years and with over **4,200** members, is a vital income source for the ongoing work of the Hospice. We are always looking for ways to recruit new members and this summer have had our '**Lottery Booth**' in Sainsbury's and Morrisons on our supermarket collection days in June and also in our shop in Banbury. We recruited nearly **50 new members**

and it is lovely to have the opportunity to meet people.

Every week we give out a **top prize of £1000**, and many smaller ones. These are quotes from some of our happy winners.

*"I can hardly believe it, thank you very much. Be sure of my continued support in whatever way I am able."*

*"I write to say thank you for the £50 cheque from the Hospice Lottery Draw. It was an unexpected and welcome surprise."*

*"It's always a pleasant surprise to receive money, especially from The Katharine House Lottery, and also gives me pleasure to return the cheque to you. Keep up the good work"*

With Christmas coming up, a **gift membership** would be an ideal and thoughtful gift, and at the same time, gives valuable support to the Hospice. Further details and gift application forms are available on **01295 812161** or visit our website at **www.khh.org.uk**. I look forward to your call!

**Wendy Crosse, Lottery Administrator**

### 20<sup>th</sup> ANNIVERSARY APPEAL

We have been thrilled with the response to our **Regular Giving Appeal**.

We have received over **100** pledges to date which total over **£13,800** in additional income *per annum*.

In addition 46 of you generously donated **£2,400** in one-off gifts. Thank you.

A commitment of this kind is so very much valued as it helps us to continue our vital work and enables us to plan ahead effectively in the knowledge that we have a regular income to support our services. Thank you to everyone who has agreed to help us in this way.



Our grateful thanks to **Phil Donan** of Brackley and his mates, who organised a sponsored Midnight Walk around Brackley in April. They visited several pubs en route with collection boxes to raise even more money, but had to have a drink at the same time! All together the wonderful sum of **£1,104** was raised. Well done!

**Thank you for supporting Katharine House. Contact us at: East End, Adderbury, Banbury, Oxon OX17 3NL**

Tel: (Main) 01295 811866

Tel: (Fundraising) 01295 812161

Fax: 01295 810953

Website: [www.khh.org.uk](http://www.khh.org.uk)

Email: [general@khh.org.uk](mailto:general@khh.org.uk)

Reg Charity No: 297099

Our newsletter is produced twice a year, Spring and Autumn. Distribution stands at 16,900 copies. If you would like to be added to our mailing list and receive a copy twice a year, or if you no longer wish to receive it and wish to be removed from our mailing list, please contact **Valerie Carter on 01295 812161**.

A donation towards the cost of printing and posting this issue has been generously provided by local business, Abacus International of Bicester. Our very grateful thanks.